

Texas Institute of Oral, Facial & Implant Surgery

Pre-Operative Instructions

It is extremely important that you follow these instructions prior to your appointment for your sedation surgery.

- Please arrive 15 minutes prior to your scheduled surgery to allow sufficient time for paperwork.
- Have nothing to eat or drink for 8 (eight) hours prior to your appointment except enough water to take medicine as directed by the doctor. Unless specified by your doctor, all medicines taken on a routine basis should be continued **without** interruption. Check with your doctor if you have questions.
- Someone 18 years of age or older must come with you on your surgery day prepared to:
 - Stay in the office for the duration of your surgery
 - Drive you home and care for you at least the first 6 hours following surgery.
 - Note: We cannot release you to a driver that you do not know (ie: a cab).
- Wear short sleeves for your appointment as they are necessary for IV access. Comfortable slacks/pants & flat-heeled shoes (avoid sandals/flip-flops) are also recommended. Please remove finger nail polish for the blood oxygen monitor.
- Prepare 8 quart-size freezer bags to be used as ice packs on the day of surgery.
- Have enough soft foods such as *soups, instant breakfast, milk, ice cream* and *juices* on hand for the next few days.
- If you are diabetic and regularly monitor your blood sugar, please bring your glucometer to your appointment. If you are insulin dependent, please follow your insulin dosing guidelines.
- If you are a denture wearer, please do not use adhesive.
- If you have an inhaler, please bring it with you to your appointment.
- If you are required to pre-medicate with antibiotics prior to surgery, please take your antibiotics one hour prior to your appointment, with the smallest amount of water possible.
- If you wear contact lenses, they should be removed prior to surgery. Avoid wearing hair clips or jewelry. However, it is acceptable to wear hearing aids.
- **If pregnancy is suspected, procedure should be cancelled.** Sedation medications can affect the unborn child.
- If you have any questions concerning any of the instructions above, please call the office. We will be happy to answer any questions you have to help ensure you have a successful appointment. If you are not able to follow these instructions, we will not be able to administer sedation or complete the planned treatment.

Financial Policy

Due to the high demand for surgery appointments and limited availability, any surgeries cancelled with less than 72 hours' notice will be subject to a cancellation fee of 10% of the total charges for your surgery. A deposit will be required in order to reschedule your appointment. We apologize for any inconvenience that this may cause you.